

Anussatiññānasuttaü - Things to be Recollected (Meditation of Recollecting)

Bhikkhus, these six are things to be recollected. What six?

Here, bhikkhus, the noble disciple recollects the Thus Gone One: The Blessed One is worthy, rightfully enlightened, endowed with knowledge and conduct, well gone, knows the worlds, is the incomparable tamer of those to be tamed, the Teacher of gods and men, enlightened and blessed. At the time the noble disciple recollects the Thus Gone One, his mind is not prepossessed by greed, hate or delusion, his mind is directly bent on the Thus Gone One. When the noble disciple's mind is straightforward, it's gone out and released, it is raised from greed. Bhikkhus, greed is a synonym for the five strands of sense pleasures. Bhikkhus, there is a certain person who purifies making this same, the sign. .

Again, the noble disciple recollects the Teaching: The Teaching of The Blessed One is here and now, not a matter of time, inviting to inspection, leading inwards and is to be realized by the wise by themselves. At the time the noble disciple recollects the Teaching, his mind is not prepossessed by greed, hate or delusion, his mind is directly bent on the Teaching. When the noble disciple's mind is straightforward, it's gone out and released, it is raised from greed. Bhikkhus, greed is a synonym for the five strands of sense pleasures. Bhikkhus, there is a certain person who purifies making this same, the sign.

Again, the noble disciple recollects the Community of bhikkhus: The Community of bhikkhus of The Blessed One have fallen to the right path, the straight path, the wise path, the path of mutual understanding. Such as the four pairs of eight Great Men. They are the disciples of The Blessed One that are worshipful, suitable for hospitality gifts and veneration with clasped hands. The incomparable field of merit for the world. At the time the noble disciple recollects the Community of bhikkhus, his mind is not prepossessed by greed, hate or delusion, his mind is directly bent on the Community of bhikkhus. When the noble disciple's mind is straightforward, it's gone out and released, it is raised from greed. Bhikkhus, greed is a synonym for the five strands of sense pleasures. Bhikkhus, there is a certain person who purifies making this same, the sign.

Again, the noble disciple recollects his virtues- That are not broken, not defective, not spotted, consistent free from slavery and praised by the wise as not corrupted and conducive to concentration. At the time the noble disciple recollects his virtues, his mind is not prepossessed by greed, hate or delusion, his mind is directly bent on his virtues. When the noble disciple's mind is straightforward, it's gone out, released, raised from greed. Bhikkhus, greed is a synonym for the five strands of sense pleasures. Bhikkhus, there is a certain person who purifies making this same, the sign.

Again, the noble disciple recollects his benevolence: It is great gain for me that I having given up stains of miserliness abide released and benevolent with open hands attached to giving up and making arrangements to give to the needy. At the time the noble disciple recollects his benevolence, his mind is not prepossessed by greed, hate or delusion, his mind is directly bent on benevolence. When the noble disciple's mind is straightforward, it's gone out and released, it is raised from greed. Bhikkhus, greed is a synonym for the five strands of sense pleasures. Bhikkhus, there is a certain person who purifies making this same, the sign.

Again, the noble disciple recollects the gods: There are gods born with the guardian gods, with the thirty-three gods, with the Titanic gods, with those of happiness, those attached to creation, those attached to the creation of others, with Brahma, and gods even above them. With whatever faith, virtues, learning, benevolence and wisdom, they disappeared from here and appeared there, that same faith, virtues, learning, benevolence and wisdom is evident in me. At the time the noble disciple recollects the gods, his mind is not prepossessed by greed, hate or delusion, his mind is directly bent on the gods. When the noble disciple's mind is straightforward, it's gone out and released, it is raised from greed. Bhikkhus, greed is a synonym for the five strands of sense pleasures. Bhikkhus, there is a certain person who purifies making this same, the sign.

Bhikkhus, these six are things to be recollected.

Sutta was taken from www.metta.lk website...